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STATE OF CONNECTICUT  
DEPARTMENT OF HEALTH SERVICES  
BUREAU OF HEALTH SYSTEM REGULATION  
DIVISION OF MEDICAL QUALITY ASSURANCE

AUG 25 1992  
STATE OF CONN.  
DEPT. OF HEALTH SERVICES  
BOARD OF NURSING

In re: Sara Laramie, R.N.

Petition No. 910716-10-031

AMENDED CONSENT ORDER

WHEREAS, Sara Laramie of Hamden, Connecticut has been issued license number R29170 to practice as a registered nurse by the Department of Health Services pursuant to Chapter 378 of the General Statutes of Connecticut, as amended; and

WHEREAS, Sara Laramie hereby admits and acknowledges that:

1. During June, 1991, while working as a nurse at Yale-New Haven Hospital in New Haven, Connecticut she abused or excessively used the controlled substance Nubain.
2. She holds licenses in Texas, New York and New Jersey, however, her license to practice as a nurse is active only in Connecticut and she does not have licensure pending in any other state.
3. The conduct described in 1. above fails to conform to the accepted standards of the nursing profession in violation of §20-99(b) of the General Statutes of Connecticut.

NOW THEREFORE, pursuant to §19a-17 and §20-99(a) of the General Statutes of Connecticut, Sara Laramie hereby stipulates and agrees to the following:

1. That she waives the right to a hearing on the merits of this matter.
2. That her license number R29170 to practice as a registered nurse in the State of Connecticut is on probation until June 30, 1994.
3. That her probation is subject to the following conditions:
  - A. 1.) She shall engage in counseling with a licensed or certified therapist at her own expense.

- 2.) She shall provide a copy of this Amended Consent Order to her therapist.
  - 3.) She shall be responsible for the provision of quarterly reports from her therapist for the period of probation which shall be due on the first business day of January, April, July, and October. Quarterly reports shall commence with the report due October 1, 1992.
  - 4.) She shall be responsible for providing random urine and/or blood screens for drugs and alcohol at the discretion of her therapist. Said screens shall be legally defensible in that the specimen donor and chain of custody can be identified throughout the screening. She shall be responsible for notifying the laboratory and her therapist of any drug(s) she is taking. There must be at least one such drug and alcohol screen monthly during the probationary period. Said reports shall be negative for drugs and alcohol.
  - 5.) Said reports cited in 3.A.3. and 3.A.4. above shall include documentation of dates of treatment, an evaluation of her progress and drug and alcohol free status, her participation in a 12-step program as required by Paragraph 5. of this Amended Consent Order, and copies of all laboratory reports. Said reports shall be issued to the Board at the address cited in paragraph 8. below.
- B. 1.) She shall provide a copy of this Amended Consent Order to her employers.

- 2). She shall not accept employment as a nurse for a personnel provider for the period of her probation.
  - 3.) She shall be responsible for the provision of quarterly reports from her nursing supervisor due on the first business day of January, April, July, and October during the probationary period. Quarterly reports shall commence with the report due October 1, 1992.
  - 4.) Said reports cited in 3.B.3 above shall include documentation of her ability to safely and competently practice nursing. Said reports shall be issued to the Board at the address cited in paragraph 8. below.
4. That she shall not obtain for personal use and/or use alcohol or any drug that has not been prescribed for her for a legitimate purpose by a licensed health care practitioner..
  5. That she shall actively participate in Narcotics Anonymous, Alcoholics Anonymous, Nurses for Nurses or any other group for recovering professionals which utilize the 12-Step structured recovery program. Her therapist shall address her participation in the reports required under Paragraphs 3.A.3. and 3.A.5. of this Amended Consent Order.
  6. That the Connecticut Board of Examiners for Nursing must be informed prior to any change of employment.
  7. That the Connecticut Board of Examiners for Nursing must be informed prior to any change of address.
  8. That all correspondence and reports are to be addressed to:

Office of the Board of Examiners for Nursing  
Department of Health Services  
150 Washington Street  
Hartford, CT 06106

9. The parties stipulate that any violation of the terms of this Amended Consent Order authorizes the Department to seek a summary suspension of the respondent's license. The respondent specifically waives the provisions of Connecticut General Statutes §4-182(c) which requires a finding of an emergency before summary action can be taken. The respondent agrees that any violation of the terms of this Amended Consent Order will constitute grounds for summary action. That any deviation from the term(s) of probation without prior written approval by the Connecticut Board of Examiners for Nursing shall constitute a violation of probation. A violation of any term(s) of probation specified in paragraphs 3., 4., 5., 6., or 7. above shall result in the right of the Connecticut Board of Examiners for Nursing to immediately revoke or take other disciplinary action as cited in Connecticut General Statutes §19a-17 against her nursing license. Any extension of time or grace period for reporting granted by the Connecticut Board of Examiners for Nursing shall not be a waiver or preclude the Board's right to take action at a later time. The Connecticut Board of Examiners for Nursing shall not be required to grant future extensions of time or grace periods. Notice of revocation or other disciplinary action shall be sent to her address of record (most current address reported to the Licensure and Renewal Section of the Division of Medical Quality Assurance of the Department of Health Services or the Connecticut Board of Examiners for Nursing). That her license shall be suspended from the date the notification of the alleged violation of probation is mailed until the decision of the Connecticut Board of Examiners for Nursing on the violation of probation is received by the respondent.

10. That this Amended Consent Order is effective the first day of the month immediately following the date said Amended Consent Order is ordered and accepted by the Connecticut Board of Examiners for Nursing.
11. That she understands this Amended Consent Order is a matter of public record.
12. That she understands this Amended Consent Order may be considered as evidence of the above admitted violations in any proceeding before the Connecticut Board of Examiners for Nursing (1) in which her compliance with this same order is at issue, or (2) in which her compliance with §20-99(b) of the General Statutes of Connecticut, as amended, is at issue.
13. That this Amended Consent Order and terms set forth herein are not subject to reconsideration, collateral attack or judicial review under any form or in any forum. Further, that said order is not subject to appeal or review under the provisions of Chapters 54 and 368a of the General Statutes of Connecticut, provided that this stipulation shall not deprive her of any rights that she may have under the laws of the State of Connecticut or of the United States.
14. That she permits a representative of the Public Health Hearing Office of the Division of Medical Quality Assurance, Department of Health Services to present this Amended Consent Order and the basis for said Amended Consent Order to the Connecticut Board of Examiners for Nursing. She understands that the Connecticut Board of Examiners for Nursing has complete and final discretion as to whether an executed Amended Consent Order is approved or granted.
15. That she understands she has the right to consult with an attorney prior to signing this document.

I, Sara Laramie, have read the above Amended Consent Order, and I agree and admit to the terms and allegations set forth therein. I further declare the execution of this Amended Consent Order to be my free act and deed.

Sara Laramie  
Sara Laramie

Subscribed and sworn to before me this 18<sup>th</sup> day of July 1992.

Janice A. Thibodeau  
Notary Public or person authorized  
by law to administer an oath or  
affirmation

The above Amended Consent Order having been presented to the duly appointed agent of the Commissioner of the Department of Health Services on the 5<sup>th</sup> day of August 1992, it is hereby accepted.

Stanley K. Peck  
Stanley K. Peck, Director  
Division of Medical Quality Assurance

The above Amended Consent Order having been presented to the duly appointed agent of the Connecticut Board of Examiners for Nursing on the 25 day of August 1992, it is hereby ordered and accepted.

BY: Janice A. Thibodeau  
Connecticut Board of Examiners for Nursing

ADH:jew  
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